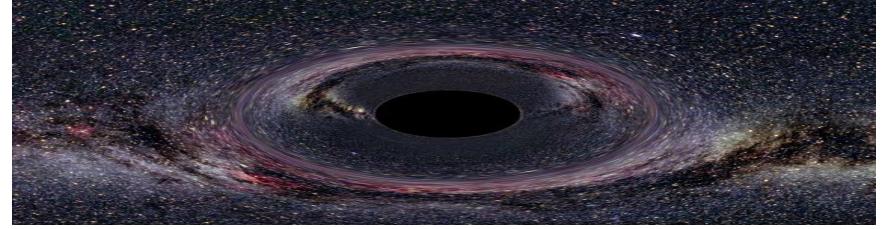
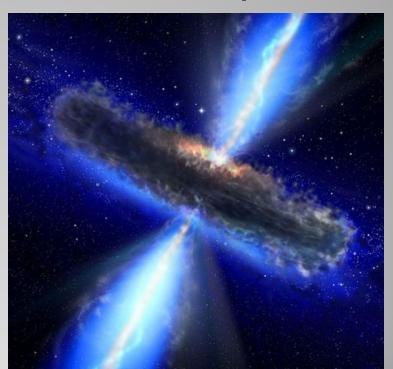
Creating a Technological Singularity in Your Organization

Wellmont Health System Troy E. Sybert, M.D., M.P.H. Vice President/Chief Medical Information Officer



- Gravitational Singularity:
 - Gravitational Explosions/ Black Holes
- Technological Singularity:
 - Intelligence Explosion (I.J. Good; 1965)



Singularity

Objectives

>Standardize processes

➤ Implement components of an EMR (CPOE)



- Perspective
- Change Management
- Intelligent Design



Objectives



Natural Resources → Simple Tools











Technology: What is It?

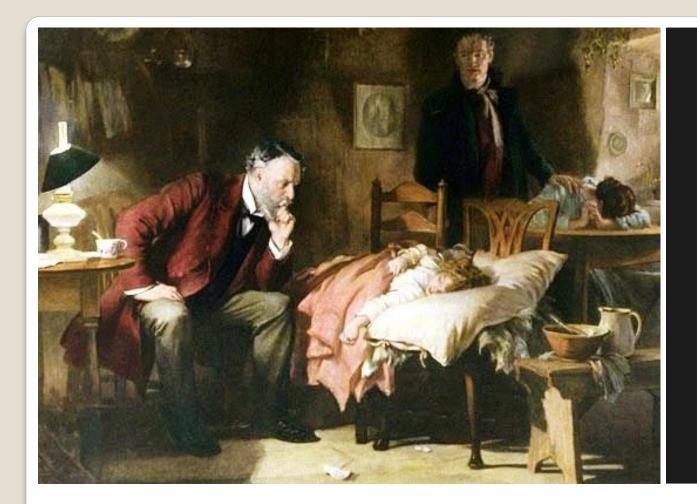
Does it Improve the Human Condition??

Anarcho-Primitivism → NO

Techno-Progressivism → YES

Technology: Human Condition?





Early Medicine Technology



Open MRI Imaging Technology

Current Medicine Technology



Medical TriCorder

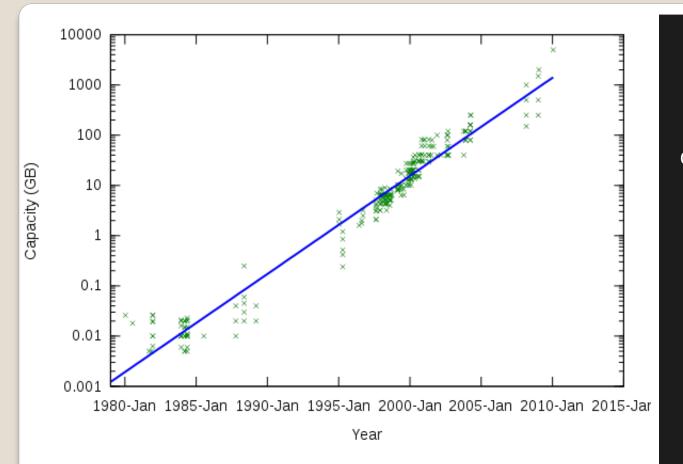
Next Generation: 2260



Medical TriCorder

After the Singularity....2379





Kryder's Law

Gigabyte 10⁹

Terabyte 10¹²

Petabyte 10¹⁵

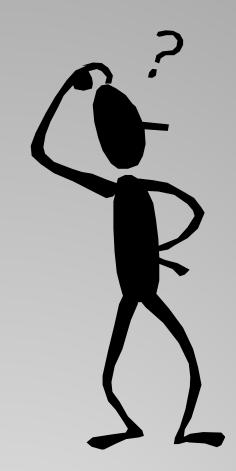
Exabyte 10¹⁸

Zettabyte 10²¹

Yottabyte 10²⁴

How Much is Enough?

- Why?
- Why?
- Why?
- Why?
- Why?



What is the End Goal?

- How should we approach technology in our businesses?
 - →especially non-profits (<5% margins)?
 - Temperance...
 - Caution at fringes... (risky at fringes)
 - Committed to progress...
 - With our core mission and values guiding the decision...

Perspective

Whose Line Is It Anyway?



It's the Patient's Journey





- Change Management
- Intelligent Design



Objectives

Workplace Evolution

Perhaps not faster, but certain volume















Most Challenging Need

Human Behavior... Can we ever understand it??

- Reliable
- Reproducible
- Rigid
- Relentless
- Rugged

- Cigarette Tax
- Incentives/Penalties for Electronic Data Infrastructure

Need Proactive Strategy

 Precontemplation: no intention to act in the near future (six months), due to lack of information or demoralization from past attempts

 <u>Contemplation</u>: intention to change in the near future; aware of pros and cons of

changing

 Preparation: intention to take action in the immediate future (1 month); have a plan of action

- Action: overt action taken within the last 6 months
- Maintenance: work to prevent relapse; less temptation and more confidence
- <u>Termination</u>: no temptation and 100% self efficacy

Stages of Change Model of Human Behavior Change

Incidence of ADRs (Meta-Analysis)

	95% Confidence Interval
All Severities of ADRs	12%-18%
Serious ADRs*	5%-8%
Fatal ADRs**	0.2%-0.4%
*requires hospitalization, prolongs the hospitalization, creates permanent disability, results in	
death	
** Between 4 th and 6 th leading cause of death (1994) in the United States	

•Lazarou et al,. Incidence of Adverse Drug Reactions in Hospitalized Patients. JAMA, April 15, 1998—Vol 279, No. 15



Costs and Quality of ADRs

Annual Costs to a 700 Bed Hospital

- ➤ All ADRs: \$5.6 million
- > Preventable ADRs: \$2.8 million

Of patients having an ADR, the risk of death is increased 1.5 to 2.2 times that of patients not having an ADR.

•Bates et al,. The Costs of Adverse Drug Events in Hospitalized Patients; JAMA, January 22/29, 1997—Vol 277, No. 4



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Stages of Change Model of Human Behavior Change

EMR/CPOE Breadth

CURRENT







FUTURE





DENIAL & SHOCK

"I feel fine."; "This can't be happening, not to me."

- a temporary defense for the individual,
- generally replaced with heightened awareness of vacancies,
- may have numbed disbelief,
- deny the reality of the loss at some level, in order to avoid the pain,
- shock provides emotional protection from being overwhelmed all at once,
- This may last for weeks.

PAIN & GUILT

"Wish we could have spent more time together."

- shock replaced with the suffering of unbelievable pain,
- it is important that you experience the pain fully, and not hide it, avoid it or escape from it with alcohol or drugs,
- guilty feelings/remorse over things you did or didn't do with your loved one,
- Life feels chaotic and scary during this phase.



ANGER & BARGAINING

"Why me? It's not fair!", "Who is to blame?", "I will never drink again if you just bring it back!"

- individual recognizes that denial cannot continue,
- angry person is difficult to care for due to misplaced feelings of rage and envy,
- any individual that symbolizes life or energy is subject to projected resentment and jealousy,
- try to bargain in vain with the powers that be for a way out of your despair.

DEPRESSION, REFLECTION, LONELINESS

"I'm so sad, why bother with anything?"; "I'm going to die... What's the point?"

- a long period of sad reflection,
- not to be "talked out of it" by well-meaning outsiders as encouragement from others is not helpful,
- realize the true magnitude of loss, resulting in a sense of depression and emptiness,
- isolate oneself on purpose, reflect on things you did, and focus on memories of the past.

The Death of the Paper Chart

THE UPWARD TURN, ACCEPTANCE, & HOPE

"It's going to be okay."; "I can't fight it, I may as well prepare for it."

- adjusting to life without, life becomes a little calmer and more organized,
- physical symptoms lessen, and "depression" begins to lift slightly,
- begin to reconstruct one's life without the departed,
- accept and deal with the reality of your situation,
- No turning back, but you will find a way forward.



The Death of the Paper Chart

"It is not necessary to change. Survival is not mandatory." W. Edwards Deming

In corporations and public sectors, 60-70% of change initiatives fail. John Kotter

Change Management programs are like diets, a lot of them work...just pick one and tenaciously stick with it. Troy Sybert

Sayings...
some famous and some not!

- Step 1: Create a Sense of Urgency
- Step 2: Pull Together the Guiding Team
- Step 3: Develop the Change Vision & Strategy
- Step 4: Communicate for Buy-in
- Step 5: Empower Others to Act
- Step 6: Produce Short-term Wins
- Step 7: Don't Let Up
- Step 8: Anchor the New Change in the Culture

Kotter's Organizational Change

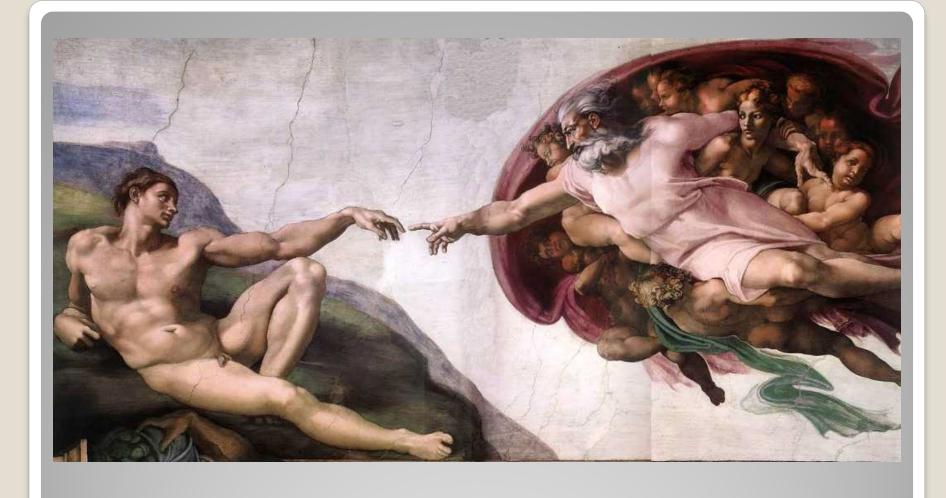


- Change Management
- Intelligent Design

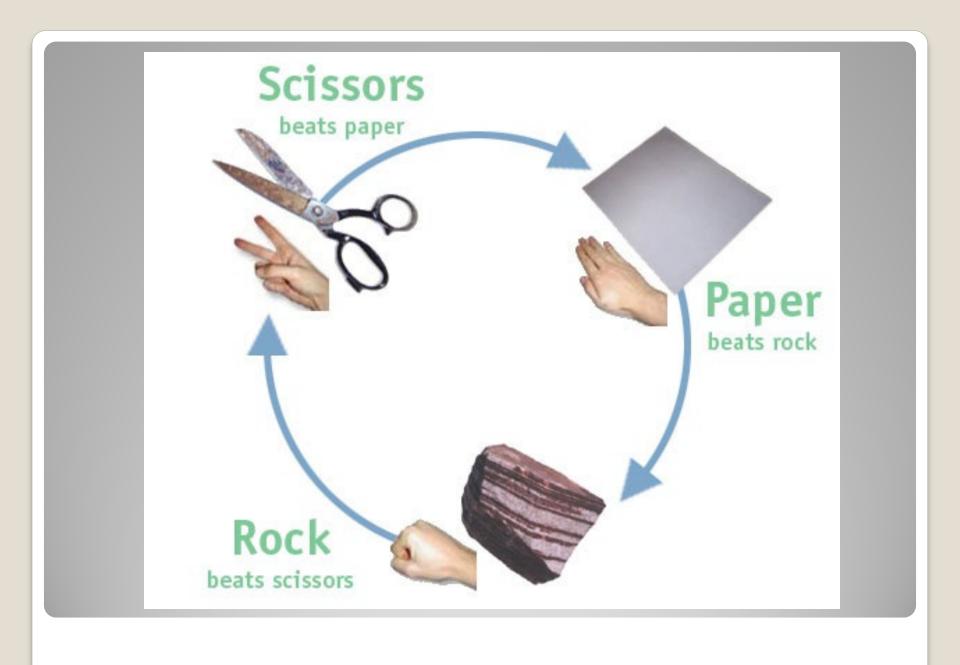


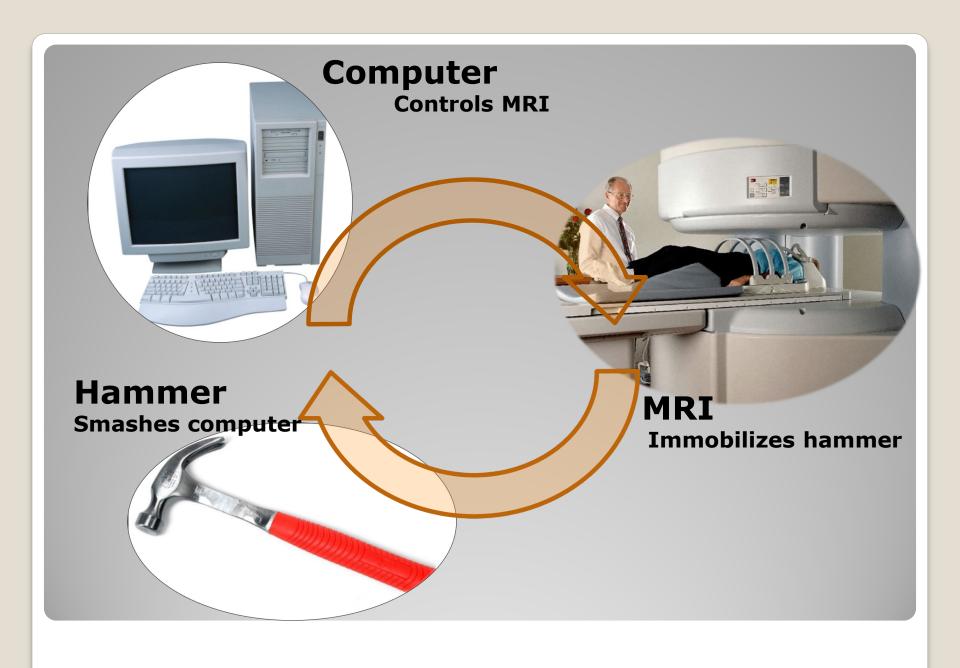
Objectives





Intelligent Design





What good is an MRI to a roofing contractor?

(unless he/she falls off the roof!)



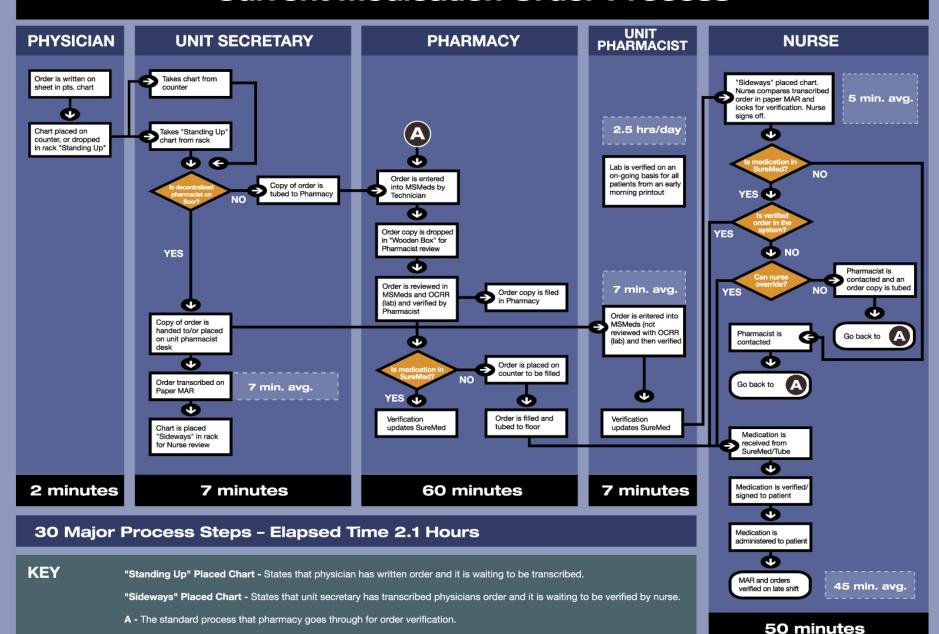
Roofing contractors need hammers!

Focus of Utility

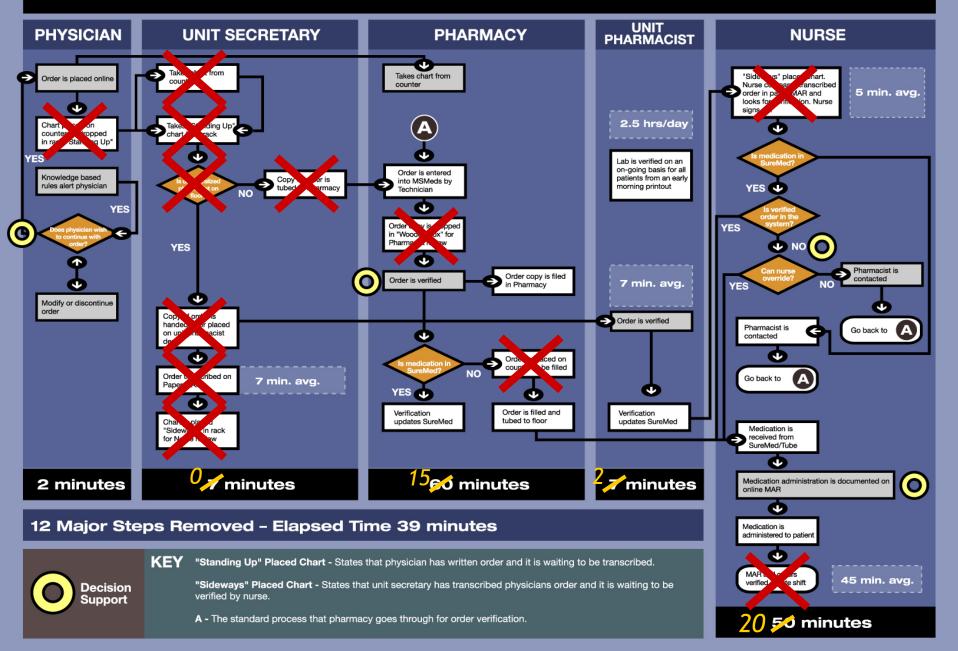
- Automating bad processes continues to lead to bad outcomes.
- Not always the biggest and best, but the smartest.
- Not more resources, but wise resources.
- Electronic Medical Record with no plan
 - Users to adopt
 - Patients to benefit

Outcomes Based-Core Mission

Current Medication Order Process



Comprehensive Medication Order Process



- Perspective
 - **→**Core Mission Must Guide
- Change Management
 - **→**Proactive Strategy
- Intelligent Design
 - → Sometimes it's a Hammer, not an MRI!



Objectives

Questions!!

